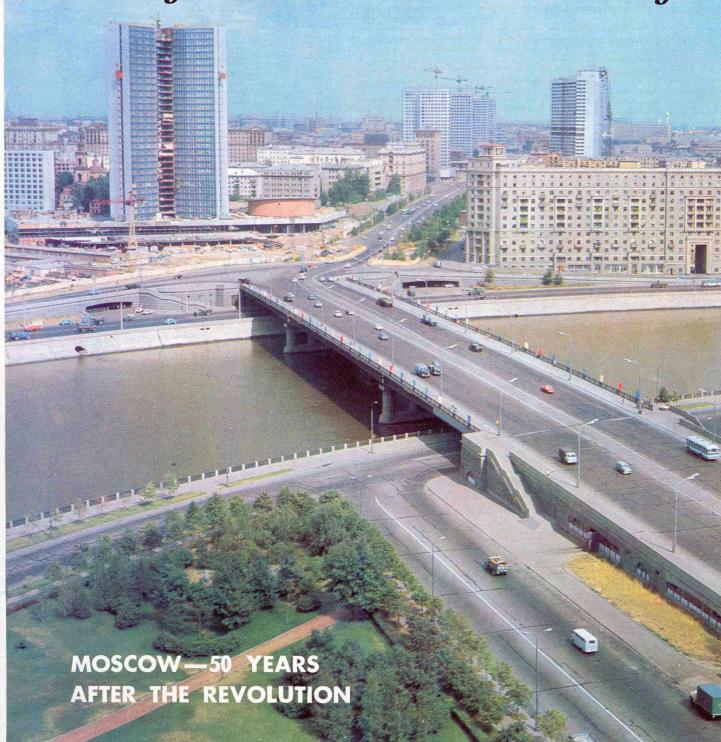
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PLAIN TRUTH

a magazine of understanding



What our READERS SAY

Evolution

"Your copies of *The Plain Truth* continue to arrive regularly. I would like to see an article on the evolution of the electric eel. Did it start its evolutionary progress by just giving a mini-volt discharge instead of the full 200-volt present-day voltage?"

William M.

Kingussie, Inverness-shire, Scotland

Ask evolutionists.

"Thanks very much for the colored pictures accompanying the evolution article. They remind me of the unknown world opened up recently by a microscopic photographer. Some of our most common flowers and insects when enlarged, show beauty utterly astounding, the 'before your very eyes' enthralling masterpieces from the Master's very fingers."

R. B. S., Pittsburgh, Pennsylvania

"Here at college we find your magazine enlightening and inspiring. We especially enjoy the evolution series. It really opened our eyes to the Godless biology courses we have had at college!"

Jocelyn S., Princeton, N. J.

New Book

"I would like to acknowledge receipt of the book on America and Britain in prophecy. I had the privilege of reading the first edition on this subject and next to the Holy Bible, found it the most fascinating, thrilling, suspenseful, and staggering book I have ever read. I have started reading the new edition and it really is a truly wonderful book even better, if that is possible, than the first edition. Mr. Armstrong I just want to thank you very, very much."

M. H., Bristol, England

No Alternatives?

"You say in the last issue of *The* PLAIN TRUTH that we face two alternatives. Either there exists a living God who very soon will intervene in this world's affairs, or the end of man's

existence will quickly descend upon us. I can't see that either one is true. The truth is man faces partial annihilation and the world will still go on like some crippled old man."

Eugene H., Waco, Texas

• Really? And where did you find this "truth," Eugene? And do you look forward to being part of a world living like a "crippled old man"?

Jerusalem

I have had the pleasure to read two of your PLAIN TRUTH magazines, the June and July issues. I admit that I read a great amount, but I do find your magazine unbeatable. Your article about "more war in Jerusalem" made me open my eyes much wider."

Mary G., B'Kara, Malta

Pacific Comments

"I am in the U.S. Navy and I look forward each month to receive *The* PLAIN TRUTH. After I read it I pass it on to my fellow shipmates, who in turn pass it on until almost a third of the sailors on board have read *The* PLAIN TRUTH, and all say they like it."

V. P., USS A. J. Isbell, FPO San Francisco, California

"I am presently serving a remote tour of duty on a little island — Kume Shima — off Okinawa. This morning while searching through our magazine rack, I found an October, 1966, issue of *The Plain Truth* and began reading it. In it I found your program listed for Station KSBK at noon today, so I tuned in and listened to it for the first time. You can bet it won't be the last time."

Lt. Douglas M. S., APO San Francisco, California

"Hippies"

"I am employed at a very large college of which the faculty and student population exceed sixteen thousand. When one sees so many of these men, supposedly adult, with hair down to

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PLAIN TRUTH

December, 1967

VOL. XXXII

NO. 12

Circulation: 1,150,000 Copies

Published monthly at Pasadena, California; Watford, England; and North Sydney, Australia, by Ambassador College. German edition published monthly at Watford, England. French edition published monthly at Pasadena, California. © 1967 Ambassador College. All rights reserved.

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ADDRESS COMMUNICATIONS to the Editor at the nearest address below:

United States: P. O. Box 111, Pasadena, California 91109.

Canada: P. O. Box 44, Station A, Vancouver 1, B. C.
United Kingdom and Furance: BCM Ambassador

United Kingdom and Europe: BCM Ambassador, London, W. C. 1, England. South Africa: P. O. Box 1060, Johannesburg.

South Africa: P. O. Box 1060, Johannesburg. Australia and Southeast Asia: P. O. Box 345, North Sydney, N. S. W., Australia. The Philippines: P. O. Box 2603, Manila.

SECOND CLASS POSTAGE paid at Pasadena, California.

Entered as SECOND CLASS Matter at Manila Post Office on March 16, 1967. Registered in Australia for Transmission by post

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Personal from the Editor

the most advanced, enlightened, scientifically developed generation that ever lived.

We suppose that we are now on the doorstep of eradicating sickness and disease, due to the miraculous advances of medical science. We suppose the great advances in sanitary measures, in the new "wonder drugs," in preventive serums, vaccines and inoculations are bringing modern civilization into a state of wonderful health.

We couldn't be more wrong!

Modern civilization is *not* bringing health nor abolishing disease.

While the medical profession works to reduce TB, cancer, and other diseases, modern civilization is CREATING NEW DISEASES NEVER HEARD OF A FEW GENERATIONS AGO. Sickness and disease are on an accelerating INCREASE!

It may seem incredible! We frantically brush our teeth and use toothpastes supposed to produce "fewer cavities," yet there is more tooth trouble than was known in any past century. The more furiously we brush with "fewercavities" brands of toothpaste, the more tooth troubles we suffer!

WHY?

How can this BE?

I suppose many would ask: "But isn't it *natural* to be sick? Are we not made in such a way that we simply have to become sick and contract disease? And didn't God raise up medical science to combat it?"

The answer is an EMPHATIC NO! Sickness and disease are NOT natural! We were made to BE WELL!

When man invents and produces a fine mechanism—a fine watch, automobile, jet plane, washing machine—he expects the fine watch to keep good time for years; the first Rolls Royce automobile ever made is still running; the huge 707 jets made the "polar flight" every day from London to the west coast of the United States without

motor failure. Of course I am not talking about a cheaply made watch, motor car or washing machine. But the most marvelous and perfectly made mechanism ever produced is the human body and mind.

The Almighty God made the human body so that — even though composed of material substance from the ground — its normal condition is one of robust, invigorating, radiant GOOD HEALTH!

Sickness and disease are ABNORMAL—they are the PENALTY of VIOLATION OF NATURAL LAWS. They are PHYSICAL SIN!

I knew the philosopher-author-lecturer-publisher Elbert Hubbard, who died when a German submarine sank the Lusitania before U.S. entry into World War I. He understood something of physical health. Once when I visited him at East Aurora, N.Y., other guests and I were herded out on the veranda of Roycroft Inn, for a vigorous round of heaving the "medicine ball" at each other. It was vigorous exercise. Hubbard kept fit — watched his diet, got in plenty of exercise, natural sleep, deep breathing in fresh air.

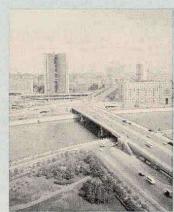
He said: "Of two things, being thrown in jail, or becoming sick, becoming sick is the greater disgrace?" One is thrown in jail for violation of a man-made law—it could be a nonsensical law—he could have been falsely accused. But when one is sick, a NATURAL law has been broken—and there was no false arrest.

One may break man-made civil laws and not get caught. But when you break Goo's Laws, the penalty is automatic!

And what does modern civilization do about it? It — not God — raised up "medical science" to try to deal with the effect — ignoring the CAUSE — attempting to remove the PENALTY which the Creator God imposed for physical violations. Treating the EFFECT, while ignoring the CAUSE, is to encourage the violation which CAUSES

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Kubik — Ambassador College

OUR COVER

An afternoon view of Moscow from the 16th floor of the Hotel Ukraine looking eastward over the Moskva River. Unfinished Comecon Building looms up in the foreground, upper left. High-rise apartment houses under construction line Kalinin Prospect, one of Moscow's main arteries, in the background. Vehicular traffic is light except during rush hours.

the sickness; to encourage sin! Only most people never thought of it that way.

Now look at the staggering FACTS:

Children of 1910 had many diseases never heard of three generations before. They grew into young manhood by 1917. They enlisted or were drafted into the army in World War I. But in 1917, nearly one third of our young men between the ages of 18 and 31 were so UNFIT physically they could not be accepted for military duty.

Have conditions improved?

By 1964, the number unfit for military duty had climbed from slightly under 33% (in itself a disgrace!!!) to 53%. This was not all physical unfitness—a new sinister threat to our national progress and safety was now rising rapidly—16.2% of these failed mental tests!

Nearly half of all Americans—more than 67 million—are suffering with at least one chronic disease or disability. Of those over age 45, seven out of ten are afflicted with at least one chronic condition.

Each day some TWO MILLION Americans see a doctor! Almost THIRTY MILLION are yearly spending time in hospitals; 1½ million are hospital patients on any one day!

There are at least TWELVE MILLION surgical operations performed annually in the United States alone!

In Britain conditions are as bad—or worse.

In the United States, Canada, Britain, Australia, our national vitality is on the wane!

But, one asks, hasn't medical science made tremendous strides in conquering diseases? But while they are working on some diseases, several times as many NEW DISEASES appear in our midst—diseases unheard of some four generations ago! Diseases of MODERN CIVILIZATION!

Among diseases of modern civilization are diabetes, cancer, heart diseases, Bright's disease, kidney diseases, acidosis, asthma, rheumatism. There is a definite CAUSE for these.

Look at young children pouring out of public elementary schools today. Notice how many are pale, anemic, roundshouldered, more than half of them constipated, wearing glasses, having bad teeth, diseased tonsils.

How many today live in a home where there is *never* a cold or fever, no tooth troubles, or poor eyesight, or any of these diseases? Where *no one* is ever sick? Do you know of any such home? You're a most rare person if you do! All humanity *should* live in such a home — *could!!* — and many if not most *will* in the God-ruled World Tomorrow!

One of the greatest industries today is the cosmetics industry — selling millions of dollars (or equivalent in other monetary standards) in materials to paint on color that has been ROBBED from natural foods!

The very first trouble with our deteriorating physical status is that we take sickness for granted! We seem to assume sickness is natural and necessary. We are in IGNORANCE of the CAUSES. Modern Society treats the RESULT, but ignores the CAUSE!

WHAT, then, are the specific CAUSES? One physician said to me: "We doctors are kept so busy treating sicknesses and diseases that we simply have no time to study and research into the CAUSES."

But some of the most noted physicians and surgeons have given thought and study into the CAUSES. And leading doctors have said that 90% to 92% of all sickness and disease results from FAULTY DIET! Some of them have said that the average American or British dining table is a dietetic HORROR! Few people, it seems, realize that FOOD has any connection with health or sickness. The actual FACTS are appalling!

Let me give you some important facts!

First, just what are we? Of what are we composed?

God Himself ought to know — and He says: "Dust thou art, and unto dust shalt thou return." And again, "The Eternal God formed man of the dust of the ground" (Gen. 3:19; 2:7). Dust — ground — is MATTER — material substance. In the ground are approximately 103 elements. But the human body is composed of 16 of them. And these are the 16 that grow in food.

Elements are present in the two gen-

eral forms — the organic and inorganic state. Organic elements are living matter. For example gold is an inorganic element. Gold does not grow through roots of a plant into the organic form. If it did, we would surely have a lot of "gold farmers," trying to get rich by growing gold. But iron, much harder than gold, does grow in plant life into organic or living matter. Beet tops are fairly rich in iron. In somewhat lesser content there is some iron in blackberries and cherries. Grapes have very little, yet an enterprising advertising man years ago took advantage of that small trace by packaging raisins in small packets at candy counters, with the slogan "Have you had your IRON today?" Supposing raisins to be rich in iron, millions bought the raisins.

One of the hardest elements known is manganese. This metal is used in bank safes. Yet small traces of this element are drunk in through rootlets of some plants and converted into *living* matter in food. Our bodies *need* manganese. But it is a good thing for us that they need only small traces of it, or we should not be able to obtain enough of it in organic form.

So it is literally true that "we are just what we eat." Our bodies started from a small ovum, no larger than the period at the end of this sentence and even that was developed through food that grew in the ground. And that ovum had to be fertilized by a sperm cell only one-fiftieth as large. But what caused that tiny embryo to GROW until you were born? It was developed from food that grew out of soil - out of dust. But you are now much larger and heavier than when you were born. Where did all the rest of you come from? From FOOD, which came from the ground - FROM DUST!

So it is literally true that you are what you eat—and "dust thou art." Since you are merely food converted into a human body and mind, is it not plain that whatever food you put into your mouth has a very great deal to do with what you are—and with your health, or lack of it.

Now let me give you more facts.

Of the two states in which these 16 elements exist, ONLY organic elements

(Continued on page 42)

stumbling through life down blind alleys.

The very help and POWER of God can be yours if you are willing to seek Him and obey Him!

Take ACTION — and Get Results

Every one of you who wants success should also write *immediately* for Mr. Armstrong's free booklet, *The Seven Laws of Success*. This attractive free booklet contains even more extensive information than space allows in this article, and outlines seven definite *laws* for successful living.

These principles really WORK—so start using them *immediately!* You were created in the image of God (Gen. 1:27). You were created to be a *success!*



(Continued from page 2)

are food. Inorganic elements taken into the stomach are actually a poison — some of them, like potassium cyanide, deadly poison! For example anemic people need more iron. They have become anemic through iron deficiency. But if you are to build natural good health you must get that iron in ORGANIC FOOD — not in pills made of inorganic iron. ONLY organic elements grown through food are naturally absorbed into the bloodstream to replenish broken-down cells and supply tissue, healthy flesh and blood.

Now of the 16 ORGANIC elements that grow in food, these are present in two forms — acid and alkaline. Twelve of these 16 elements are the alkaline mineral elements. Included in these are iron, calcium, magnesium, potassium, silicon, sulphur, manganese. These supply the nourishment — replace deteriorating cells, build bone, flesh, tissue, skin, hair.

Four of the 16 elements are called carbohydrates — the acid reacting elements. These are carbon, hydrogen, oxygen, nitrogen. Principal of these is car-

bon. These are found in starch, sugar, and fats. You've read advertisements, advising, "Give your child more (the brand advertised) to supply quick energy." One thing is wrong with that: IT IS TOO TRUE!

The carbohydrates do supply our energy. They are — up to a certain point (and that's the vital point) absorbed into the bloodstream. On the way back to the heart the blood passes through the lungs. Your lungs are like the carburetor in your automobile. The "carbon" in your car that supplies its energy is the gasoline (petrol to our British and continental readers). As it passes through the carburetor, it is fired on mixing with the oxygen in the air. This is a little explosion, which forces the piston and thus results in propelling the car.

In like manner, as your blood passes through your lungs, it "fires" on mixing with the oxygen in the air you have inhaled. Your breath filters out the impurities the blood is carrying off, and these impurities (broken-down cells) are expelled through exhaling your breath. That's why you sometimes have "bad breath." I think you can see what happens when your lungs are filled with poisonous tobacco smoke. They simply do not perform their full duty. And this damage is in addition to what doctors are now telling us about LUNG CANCER! You get a DOUBLE DOSE of bad health!

At the same time, this "firing" of the carbon in the blood supplies not only ENERGY, it also supplies your bodily heat — keeping your body at normal temperature of 98.6 degrees.

Now here is a MOST IMPORTANT FACT! Nearly all of us, today, because of what our food factories have done to our foods, are eating several times more of the carbohydrate elements than we should for normal good health. So WHAT HAPPENS? If this carbon in the blood supplies not only energy but also our bodily heat, WHY does it not raise our bodily temperature up to two or three times the normal 98.6 degrees?

The answer to that is IMPORTANT!

That is something doctors ought to be telling us. Why don't they? I guess you'll have to ask them — I can't answer for them. Perhaps they are just so

busy TREATING the PENALTY you have incurred by BREAKING NATURE'S LAWS, eating an over-abundance of the carbohydrates.

But I will tell you what happens. And you had better HEED!

If eating twice as much of the carbohydrates as you should actually doubled your bodily temperature, you'd die of high fever before the doctor could get to you. But YOUR CREATOR provided a preventive, so it does not react quite that way. Just as some taxicab companies put a "governor" on the accelerators of their cars, so that the driver can only push it down far enough to reach the controlled speed the company has predetermined - perhaps 45 perhaps 55 or 60 miles per hour so your Maker designed the bloodstream of your body to absorb no more carbohydrates than 1/2 of 1% approximately of either the weight or volume of blood - and at the moment I do not remember which.

What, THEN, happens to the excess of the carbohydrates you are stuffing down your stomachs? They do supply a certain unnatural artificial energy but they are primarily eliminated in an unnatural way, contrary to nature's laws, through the kidneys. And this process in time builds up and causes a whole string of these modern diseases of a law-breaking civilization! But SOME of it is carried as a toxin or poison by the blood into muscles and joints. And after so long a time, you "catch a cold" or "a fever" - so you think, not realizing that you actually ATE that cold or fever before you "caught it." It may go into pneumonia! A cold or fever is merely a sudden violent elimination of toxins and poisons you have injected into your body by wrong DIET which has BROKEN GOD'S PHYSI-CAL LAWS!

Or, this accumulation of toxins may result in rheumatism, arthritis, or other disease.

Actually, your body requires two or three times as much of the alkaline-reacting mineral elements as of the carbohydrates — yet the average American or Briton is eating at least two or three times as much of the carbohydrates

And what are the carbohydrates?

They are the starches, sugars, fats and oils.

Today nearly everything we eat passes through man's hands—or his factories— before it comes to the consumer. In the interests of bigger profits the gigantic food industry is giving us a diet of FOODLESS "foods."

Take wheat. Wheat is almost a perfect food. It contains all 16 food elements, and in perfectly balanced proportion. But they take that perfect grain of wheat apart, rob it of the 12 mineral elements, and turn it into white flour—containing the four carbohydrate elements.

Why?

Well, if they were to give you real WHOLEWheat flour, it would spoil after so long a time. And in the BIG BUSINESS distribution system, the flour may not reach the consumer until after it spoils. That would mean a loss to the food industry.

One dietician gave this advice: "My BASIC RULE in diet is: Eat *only* those natural foods that will spoil — and eat them before they do."

What SHOULD we do? Well, I'll tell you what we do at Ambassador College. We raise our own wheat in Kansas, our own beef and many other items of food in Texas. We have large trucks (vans - lorries) - the largest allowed on the highways - one a refrigerator truck. We bring our own hard wheat, naturally and organically grown, in our own trucks to the Pasadena and Texas campuses. There we have our own stone grinders. When our bake shops are ready to bake another batch of bread, or pastries, the wheat is ground into flour - real whole wheat flour - and immediately baked. We use honey or natural brown sugar instead of "refined" sugar (which has been robbed of its alkaline elements).

There are many things more that we do—but that serves as an illustration. We feed about a thousand students three times a day, and we try to feed them on REAL FOOD, not foodless "foods."

There is another area in which our English-speaking peoples ruin their own health. They take a good steak, or a mixed green salad of uncooked leafy-green vegetables, or other fruits or vegetables, and then RUIN them with sauces, gravies, or dressings that will wreck any stomach — at least in time! We think we must mix foods into conglomerations of meat with starch, sugars, condiments, artificial flavors, preservatives, sea-"foods," and unhealthful mixtures — IN CONFUSION! The "best" chefs are those who can concoct the most injurious sauces and conglomerations. And then the people of this degenerate world suppose it is just NATURAL to be sick!

A little baby will put about everything in reach into his mouth. It seems most of our adults are still doing it. If we like the taste — or develop a perverted taste — we think it must be good food! But everything that grows is NOT good food. Nor is every animal good for food.

Another reason our bodies are being robbed of the alkaline minerals is the way our women cook. The other day I thought of writing an article under the headline: "How To Hurry Your DEATH!" I may still write it for a later issue of *The Plain Truth*.

Ask a woman WHY she does not feed her children steel-cut oats, and natural brown rice.

"Oh, that takes too much time!" she will probably answer. So she uses the quick-cooking minute-oats or minute rice—the kind that has been robbed of all the real food value and reduced to a starch. She *just can't afford to take time* to give her children good health. She must HURRY—and build up in their bodies anemia, and diseases that will KILL them before their time.

A MURDER is merely ending a life before its time. Many of you are doing that on the installment plan — doing it not only to yourselves, but also to your children.

Suggest to a woman that she cook her vegetables on slow heat — at a temperature of 180 degrees in a heavy aluminum utensil. She will probably protest that she can't take the time — and besides, hasn't she heard that one gets poisoned from food cooked in aluminum? She may have HEARD that, BUT IT IS EMPHATICALLY NOT TRUE!

That rumor has been circulated in a trade war as a means of business competition. The American Medical Association made exhaustive tests, years ago, that utterly disproved that rumor. So did the British Medical Association. However, the heavy aluminum utensils are now lined inside with a very thin layer of stainless steel.

But IT DOES NOT TAKE MORE TIME—because aluminum is a conductor of heat. The *sides* of the pan—and the lid—absorb the heat, and the food is not cooked from the bottom *only*, but from the sides and the top as well. Result: even though the temperature is lower, the food cooks as fast or faster.

United States Department of Agriculture chemical tests made at the University of Wisconsin have shown that when you cook at or above the boiling point, you cook out from 23% to 78% of the alkaline mineral elements — the REAL FOOD — and that steam that escaped was also the FLAVOR!

But — many women, I have found, simply are unwilling to believe that TRUTH. They think proper cooking would take more time — and THEY HAVEN'T TIME to keep their children healthy. If it means killing their own children BEFORE their time — murder on the installment plan — they simply CAN'T TAKE TIME to prevent this installment-plan murder!

Many children are raised on a diet of white bread, jellies and jams, potatoes with greasy and starchy gravy, a little meat, pie and cake and cookies and pastries, candy. Some will ask: "Well what else *can* we eat?"

Eat more vegetables — green leafy raw salad vegetables unspoiled by injurious dressings; non-starch vegetables cooked at low temperatures — about 180 degrees, and served with only butter and a little salt; fresh fruits; clean lean meats (NO FAT); whole grains; fresh raw (unpasteurized) milk, butter, cheese; eggs and clean fowl.

What about potatoes? And I mean Irish potatoes. Are they not starchy? Only when and because you women pare off the alkaline part containing the needed minerals. Slice a potato in half and notice the ring a little way inside the skin. The portion between that ring and the skin is the alkaline part. The

inside is the starch part. If you cook the whole — unpeeled — potato in a heavy aluminum pan at about 180 degrees temperature, you'll find that the skin is *very* thin and will peel right off, leaving you the WHOLE potato. In this form, it is called by some the king of vegetables.

If you have bony knobby knees and elbows, and would like to be more pleasingly rounded (or plump without being fat or overweight) try cutting out the *inside* of the potato, and eating often of the alkaline part. The alkaline portion outside the visible ring, a little way inside the skin of the potato, is strong in potassium. In perhaps six months you'll be surprised at what this natural, organic potassium will do.

In this editorial I have had space only to scrape the surface of this subject. Perhaps sometime I may find time to write more fully and in more detail.

But before ending, I want to give you a little of what our Creator says about health and sickness. It is God's will that we be IN HEALTH (III John 2). God intended us to obey His laws — His physical laws that operate in our bodies for good health as well as His Spiritual Law. Yet He knew our weaknesses and rebellious nature. When we repent of breaking His Spiritual Law and transgressing against Him, our loving and merciful Father has provided a way for removing the penalty — through Jesus' sacrifice, paying the penalty in our stead.

In like manner, when nature's laws have been broken, this is God's instruction to those who have become His begotten children:

"Is any sick among you? Let him call for the elders of the Church; and let them pray over him, anointing him with oil in the name of the Lord: and the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him" (James 5:14-15).

Notice important specific points in that instruction. First, it is addressed to, and pertains to those who have become God's own begotten children—those who are Christ's—and in Romans 8:9 it is made plain that only those who have, and are being led by, in daily living (verse 14) His

Holy Spirit, are Christ's. Next, it says the prayer of FAITH shall save the sick. But James also says (chapter 1:6-7) that if one's faith wavers, he will not receive the answer. Yet also, in the "faith chapter" of the Bible, Hebrews 11, we read this: "he that cometh to God must BELIEVE that He is, and that He is a REWARDER of them that diligently seek Him" (verse 6).

The PLAIN TRUTH

And again, what we ask of Him we receive BECAUSE we keep His Commandments, and do those things that please Him (I John 3:22).

So, although God does heal, there are conditions—we do have our part to perform.

Notice further: When the sick came to Jesus, He healed them "... that it might be fulfilled which was spoken by Isaiah the prophet, saying, 'Himself took our infirmities, and bare our sicknesses' " (Mat. 8:17) and that "by whose stripes ye were healed" (I Peter 2:24). Before Jesus was crucified, He was beaten with stripes — paying the penalty of our physical transgressions in our stead.

This kind of healing — and nothing else is actual HEALING — is a divine miracle, FORGIVING physical SIN — and removing its penalty. It is a MOST SERIOUS THING, not to be taken lightly — not to be made a mockery of by fanatical and wild public demonstrations in "healing meetings." Jesus healed — the apostles healed — He gave AUTHORITY to His ministers to heal — but they did it quietly, without demonstration, as a ministry of LOVE — not as a highly publicized circus sideshow to attract crowds.

This sort of sensational "divine healing" is NOT the way of God. Such practices today have only brought ridicule and discredit and in no sense do I advocate or approve it! The courts and law-enforcing agencies, as a result of these unscriptural "divine healing" practices, are completely hostile to "divine healing." But what Jesus did, and commissioned His true ministers to do, is something altogether different.

Real healing by God's power is a matter of FORGIVING SIN — sin against

the physical body. Read Luke 5:18-26. None but God can forgive sin (verse 21). Doctors, therefore, CANNOT HEAL. They can work with nature's laws — but that is not HEALING.

Do we, then, advise people against going to medical doctors? By NO MEANS. Doctors have their place in this world. But the healing that God performs is NOT OF THIS WORLD.

I have answered the call of thousands, who have come to me for prayer for healing. Many have been healed — miraculously — of even cancer and an advanced case, in a hospital, of leukemia. On the other hand, many have not been healed. Yet I have prayed with the same faith for the one as the other.

WHY are many not healed? Jesus said it is ACCORDING TO YOUR FAITH. Perhaps they did not fully believe. Perhaps they were not obedient. Perhaps they should read James 4:3, where it says: "Ye ask, and receive not, because" And you may read the answer yourself.

So let me make this plain.

I DO NOT SAY, don't go to the doctor of medicine. I DO NOT KNOW whether YOU will be healed by God - because I cannot know whether you have the faith, are conforming to God's conditions, have really repented and turned from violating God's laws. I do not leave people without ANY help for, if they do not have the faith, have not repented, are not keeping God's commandments, they probably won't be healed, and I cannot advise them against the only help they might have - that which this world's society has set up. Healing by God is NOT a thing to experiment with!

But, why not solve this whole question by avoiding the CAUSE of sickness and disease — and KEEPING HEALTHY in the first place? Then there is NO PROBLEM, is there?

Sorry!

There is just not enough space in this issue for the AUTOBIOG-RAPHY of Herbert W. Armstrong. Be sure to read it in the next issue.